

# Amerifit<sup>TM</sup> NUTRITION

January 4, 2005

CFSAN  
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College Park MD 20740

JAN 31 2005

To Whom It May Concern:

In compliance with the Dietary Supplement Health and Education Act of 1994 and its various subsequent requirements, Amerifit Nutrition is pleased to submit the following structure/function claims made for its:

*Estroven PMS*

"Control the emotional and physical symptoms of PMS"

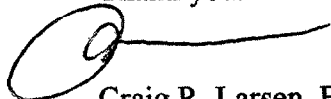
"... tension relieving ingredients to manage the emotional and physical symptoms of PMS"

"Irritability – Moodiness – Cramps – Bloating"

"... manage the symptoms of PMS"

"Irritability, moodiness, tension, bloating and cramping"

Thank you.



Craig R. Larsen, Esq.  
In House Counsel

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